

## What is Homehealth Care?

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Home Health Care includes services that are delivered at home to recovering, disabled, chronically ill or terminally ill persons. Skilled intermittent home health care allows patients to stay in the comfort of their own home while receiving the medical attention and therapeutic services he or she needs. Home visits are prescribed by the patient's physician.

## What Services Does Homehealth Care Include?

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Riverstone Home Health Care provides the following services to patients in their homes:

Skilled Nursing  
Certified Wound Care Nurse  
Diabetic Educator  
Physical Therapy  
Occupational Therapy  
Speech Therapy  
Social Services  
Home Health Aide

An Individual may receive a single type of home health service or a combination of services, depending on the complexity of their needs. If the patient qualifies, home health services are paid for by Medicare, Medicaid, commercial health insurance companies and managed care organizations.

## Skilled Nursing

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Registered Nurses (RN's) provide skilled services that may not be performed safely and effectively by the patient or their families in the home. Some of these services include injections and intravenous therapy, wound care, education regarding disease treatment and prevention as well as patient clinical assessments. Riverstone Homehealth RN's have specialties in wound care, diabetic education, and pediatric nursing.



## Home Health Aide

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Certified Nurse Assistants (CNA's) assist patients with activities of daily living such as bathing, toileting and dressing. Home Health Aide services are supervised by a Registered Nurse (RN).

## Social Services

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Social Workers evaluate the social and emotional factors that impact a patient's recovery from an illness or disability and provide counseling as needed to the patient and family. They also help patients and their family members identify available community resources with the goal of keeping the patient in their own home if possible.



## Physical Therapy

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Physical Therapists (PT's) provide rehabilitative services aimed at restoring mobility and strength in patients who are limited or disabled by physical injuries or illness. These services may include establishing a home exercise program for the patient and family, conducting home safety evaluations, and assisting with pain control measures.

## Occupational Therapy

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Occupational Therapists (OT's) provide rehabilitative services to maximize patient's level of independence and functioning in activities of daily living. OT's may recommend exercise activities and specialized equipment to restore strength and function of upper extremities and hands.

## Speech Therapy

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Speech Therapists (ST's) provide rehabilitative services to develop and restore the speech of individuals with communication disorders. ST's may also help retrain patients to breathe, swallow, and regain oral muscle control.



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Riverstone Homehealth has proudly served Washington State. The agency is the Washington State Department of Health approved and is licensed FULL SERVICE home health agency.

Home Care is appropriate whenever a person prefers to stay at home but needs ongoing care that cannot easily or effectively be provided solely by family and friends. As hospital length of stays decrease, increasing numbers of patients need highly skilled services when they return home. Home Care allows patients to stay at home, receiving safe and supportive care in the comfort of their own home.



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### 24 Hour On-Call Availability

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A Registered Nurse is on call 24 hours a day, 7 days a week to answer questions and accept referrals for home care services.

**FOR MORE INFORMATION,  
PLEASE CONTACT US AT:**

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## Homehealth Care

A GUIDE TO HOMEHEALTH CARE  
SERVICES

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