moms who trust our experience have a better one.

When it comes to the care of you and your newborn, experience matters. At Riverstone Home Healthcare, we take great pride in bringing you some of the area's most experienced nurses in the specialty areas of labor and delivery, post-partum, nursery, neonatal intensive care, and gynecology. Collectively, our nurses, have over-40 years of home care experience and an additional 80 years of nursing expertise in maternal child health.



Giving birth can be overwhelming with many questions to follow. Our Maternal Child Health program is designed to answer those questions and meet the needs of women and their children at home. Services include prenatal care for high-risk pregnancies, care for mom and baby after early discharge, and pediatric care.



Riverstone home healthcare

P. O. Box 3379 Federal Way, WA 98063-3379

Tel: 206-653-7580 Fax: 206-899-1299

For more information, call **206-653-7580** or visit us at **riverstonehomehealth.com**.

Riverstone Home Healthcare is licensed by the Washington Department of Health; provides medical and non-medical in-home care services to our communities.

Riverstone Healthcare is an equal opportunity employer. RIVERSTONE HEALTHCARE policy prohibits discrimination or harassment based on race, color, religion, ancestry, national origin, age, sex, genetics, sexual orientation, marital status, familial status, disability, veteran status, or any other legally protected group status. Further, RIVERSTONE HEALTHCARE will continue to support and promote equal employment opportunity, human dignity, and racial, ethnic, and cultural diversity. This policy applies to admissions, employment, and access to and treatment in RIVERSTONE HEALTHCARE programs and activities. This commitment is made by RIVERSTONE HEALTHCARE in accordance with federal, state, and/or local laws and regulations.

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mother and baby care.

Riverstone Home Healthcare: Maternal Child Health Services





stay home with confidence

Through improved technology and advances in medicine, women are leaving the hospital sooner and continuing their care at home if necessary. If you are worried about caring for you or your child, we can help.

Working under the *direction of your physician,*Riverstone Home Healthcare brings a full range of medical services right to your door.

Rest assured, every member of our staff is professional, experienced and specially trained in maternal child care. A nurse is available 24 hours a day to respond to emergencies or answer any questions you may have.

Through care planning, management and evaluation, Riverstone Home Healthcare makes sure the care you receive from your physician or the hospital continues at home. And because our care includes education, we help you take a more active role in your treatment or therapy. This approach enhances your independence and often leads to a quicker recovery.

Don't forget that you have the right to choose your home care provider. Be sure to share your home care choice with your physician and other health care providers. Ask for Riverstone Home Healthcare.

For more information, look for Riverstone Home Healthcare at www.rivestonehomehealth.com

skilled nursing

Complete pre-natal assessments

- Environmental readiness
- How to identify the symptoms of labor
- Teaching and assessment of the complications of labor
- Management of gestational diabetes, pre-eclampsia, hyper-emesis, pre-term labor
- Assessment of fetal heart tones
- IV hydration and more

Complete post-partum assessments

- Assessment of mom and baby
- Vital signs
- · Feeding concerns
- Breast feeding follow-up
- · Basic infant care and teaching:
 - bathing of infant
 - umbilical cord care
 - circumcision care
- Jaundice treatment
- Blood work as ordered by your physician
- Community resource assistance
- · Bradycardia/apnea monitor follow-up

GYN Services

- Post-surgical wound care
- PICC lines and antibiotic therapy
- Pessary management
- · Bladder function assessment
- Bladder training

Pediatric Services

- Available for management of concerns your child's physician may have
- · Failure to thrive
- Experienced in pediatric cancer care
- Tracheostomy and tube feeding management
- Wound and burn care
- Diabetic care and instruction
- Highly experienced pediatric nurses

Other Services Available:

- Physical therapy
- Occupational therapy
- · Speech therapy
- Medical social work

reimbursement and service area

Riverstone Home Healthcare provides services to residents of Washington State. We are a preferred provider for most third-party payers. Please call our office (206-653-7580) for the details of payment options.

comprehensive home care services

We are part of the Riverstone Home Healthcare Home Care services, which also offers home medical equipment, respiratory therapy, and private duty nursing. This will ensure that your home care is coordinated with all the services and products you need.

Call us for more information regarding any of our programs or services.

